My Morning Routine

1. Get up by 7:00.

2. Personal prayer.

3. Make the bed.

4. Exercise

5. Check my calendar.

6. start a load of laundry.

7. Take a shower and get ready.

8. Eat breakfast.

9 unioad dishwasher or clean

bathrooms.

10. Move clothes to dryer.

Il Fold and put away.

12. What's for dinner, mama?

13. Daily chores.

14. Personal study time

15. STUDY with Newt.

My Afternoon Routine

l Clean off the table – file papers.

2. start prepping dinner.

3. sort laundry for tomorrow.

4. Finish any daily chores not yet done

5. sit down for 5 minutes of quiet time and a big glass of water.

6. Return phone caus/emails.

After Dinner: Family scripture study

My Before Bed Routine

l shine my sink

2. Start the dishwasher.

3. Take out the garbage

4. Wipe down the counters.

5. Check my calendar.

6. Lay out tomorrow's clothes.

7. Wash my face

8. Go to bed by 11:00.

Monday · Dust Mop · Empty trash Change sheets windows/mirrors Vacwwm Family Activity tonight! Thesday · Clean out my purse Zone work · Library Day · Clean out the car Wednesday · Primary to-do list Zone work. Get a sitter for Friday Thursday · Grocery List Zone work Clean out the fridge Menu Plan Friday - Errand Day/Date Night · Zone work · Get gas · Costco, Fruit-stand, Litesource and Grocery store saturday Do something fun FORMINE Rest · Family Meeting Primary Presidency Meeting 1:30